

Class Schedule



418 Kuulei Rd. Ste D Kailua HI
808 263-1911



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TINY TIGER CUBS 3:30-4PM	TINY TIGER CUBS 3:30-4PM	TINY TIGER CUBS 3:30-4PM	TINY TIGER CUBS 3:30-4PM <u>KICKBOXING</u> 9 - 10 AM	TINY TIGER CUBS 3:30-4PM	TINY TIGER CUBS 9-9:30AM
TIGER CUBS BEG. 4-4:45PM	TIGER CUBS ADV. 4-4:45PM	TIGER CUBS BEG. 4-4:45	TIGER CUBS ADV. 4-4:45PM	TIGER CUBS ALL 4-4:45PM	TIGER CUBS ALL 9:30-10:15AM
PHASE 1 4:45-5:30PM	PHASE 2 4:45-5:30PM	PHASE 1 4:45-5:30PM	PHASE 2 4:45-5:30PM	ALL PHASES 4:45-5:30PM	ALL PHASES 10:15-11AM
PHASE 3 5:30-6:30PM	<u>BLACK BELTS</u> 5:30-6:30PM	PHASE 3 5:30-6:30PM	BBC WEAPONS 5:30-6:30PM	<u>MAC ELITE</u> 5:30-6:15PM	BBC SPARRING 11-12PM
<u>KICKBOXING</u> 6:30-7:30PM		<u>MAC ELITE</u> 6:30-7:15PM	<u>KICKBOXING</u> 6:30-7:30PM	<u>HYPER</u> 6:15-7PM	<u>MASTERS CLUB</u> 12-1pm